



RHE Curriculum overview Early Years to Year 6



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Building Relationships Classroom expectations and golden rules Forming an identity People, Culture and Communities		Managing self - oral hygiene Caring for others Zones of Regulation		Self regulation (focussing on transition) Road Safety British Values	
Personal Development in Early Years is implemented in the moment (provision) throughout the year but we focus on specific units during each term (see above)						
Year One	(Os) Password C1	Fr1) Who is my friend? P1) How do I help my body stay healthy? (H37)	M1) Where do feelings come from? (H14, H15, R7) P2) How do I decide what to eat? (L3) (Os) What is the internet? (C2)	Fa1) Who's in my family? Os1) Screen time (Os) Choosing what to do online (L2)	Fr2) What makes a good friend? (R9) Fr3) Should friends tell us what to do? (H13) (Os) Searching Safely (P3)	M3) What helps me to be happy? (Os) Communicating online (S3) (Os) Being kind online (S2)
Year Two	C1) How do we make a happy school? C2) Who lives in my neighbourhood? Os3) Online strangers [P1] (L8, L9)	Fr4) How do we stop bullying? Os2) Personal information [S1] C4) How do I save up to buy something? (L10, 11, 12)	Fa2) Do Families always stay the same? Fa3) How should families treat each other? P3) How do we stop getting ill? (H37)	Fa4) When should I say no? Fa5) Who owns my body? I do! G1) Will I always be a child? (link with science) (Os) Accepting messages (C3)	Os4) Fake news [N1] (L9) M2) Who am I? P4) How can I stay safe? (H8), (H37) (Os) Scary News (N2)	C3) What makes a boy or a girl? Fa6) Are all families the same? (Os) Feeling uncomfortable online (P2)

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Year 3	<p>Fr1) What makes a good friend?</p> <p>Os1) Online strangers [P1]</p> <p>Os2) Sharing Online [P2]</p>	<p>Fa1) Do Families always stay the same?</p> <p>Fa2) Are all families like mine? (R6)</p>	<p>M1) How do I manage my feelings?</p> <p>P1) How do I keep my body healthy? (H5)</p> <p>P2) How do I get a healthy diet?</p>	<p>Os) Screen time (L1)</p> <p>Os) Sleep (L2)</p> <p>Os3) Friendship Online [S1]</p>	<p>Os4) Personal Information [C2]</p> <p>P3) How do I stop getting ill?</p>	<p>Os) Deciding what is appropriate L3) (L14)</p> <p>Os) Suspicious messages (C4)</p>
Year 4	<p>Fr2) Are all friends the same?</p> <p>Fr3) Are friendships always fun?</p> <p>M2) Are we happy all the time?</p>	<p>Os) Password (C5)</p> <p>C1) How do we make the world fair?</p> <p>C2) Where do you feel like you belong?</p>	<p>C3) How can we help the people around us?</p> <p>Os) Copyright (C3)</p> <p>Os5) Digital Media [N1]</p>	<p>Os6) Verifying content and echo chambers [N3]</p> <p>Fa3) Are boys and girls the same?</p>	<p>Os) Media Bias (N2)</p> <p>Os) Advertising (C1) (L14)</p>	<p>Anti-discrimination lessons</p> <p>Fr4) What is sexism?</p>

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Year 5	<p>Fa1) Why do some people get married?</p> <p>Fa2) Are families ever perfect? (R6)</p> <p>Os1) Control and consent [S1]</p> <p>Os2) Protecting our identity [P1]</p> <p>Os) Passwords (C3)</p>	<p>Fr1) What makes a close friend?</p> <p>M1) Does everybody have the same feelings?</p> <p>Os) Self esteem (L2)</p> <p>Os) Social media & cyber bullying (S2)</p>	<p>Fr2) Can we be different and still be friends?</p> <p>Fr3) Should friends tell us what to do?</p> <p>P1) Is there such a thing as the perfect body?</p> <p>Os) Fake news (N4)</p>	<p>Os3) Meeting strangers online [P4]</p> <p>Os4) Personal Information, terms and conditions [C2]</p> <p>M2) Should we be happy all the time?</p> <p>M3) Why do we argue?</p> <p>Os) Copyright (C4)</p> <p>Os) Protecting images of us online (P2)</p> <p>C4b) How can we make positive change in the world?</p>	<p>P2) How can I stay fit and healthy? (H5)</p> <p>P3) Can I avoid getting ill? (H5, 10)</p> <p>M4) Who am I? (H29)</p> <p>Fa3) Is there such a thing as a normal family? (R8)</p> <p>Os) Digital 5 a day (L4)</p> <p>OS3b) How do we decide what to share?</p>	<p>Fr4) Why are some people unkind?</p> <p>Os5) Analysing Digital Media [N1] (L14)</p> <p>G4) What is Menstruation?</p> <p>Os) Game rating (L6)</p> <p>Os) Internet advertisements and money (C1)</p>
Year 6	<p>Os6) Bias [N2]</p> <p>Os7) Echo Chambers [N5] (L14)</p> <p>Fr5) What are stereotypes?</p> <p>Fr6) How do I accept my friends for who they are?</p>	<p>C1) What is prejudice?</p> <p>C2) What is the history of prejudice?</p> <p>C3) What should I do if I encounter prejudice?</p> <p>FR7) How do we reduce sexism?</p>	<p>Sx1) How do plants and animals reproduce? (H33)</p> <p>(N.B. Taught through science - does not include sexual intercourse)</p> <p>C4) How can I be a great citizen?</p> <p>C5) Why is money important?</p>	<p>P4) Why do some people take drugs? (H10,40,47,48,49)</p> <p>P5) Where should I get my health information? (H50)</p> <p>P6) How do I save a life?</p>	<p>Os8) Does the internet make us happy? [L1]</p> <p>C5B) How should I spend my money?</p> <p>C5c) How can I earn money?</p> <p>C6) What makes us feel like we belong?</p> <p>C7) What does it mean to be British?</p>	<p>G1) How will my body change as I get older?</p> <p>G2) How will my feelings change as I get older? (H34)</p> <p>G3) How will I stay clean during puberty?</p>

Enrichment is implemented through our curriculum through parent workshops, educational visits, visitors from our community into school, skill based workshops, class ducklings/chicks, mini police programme, community competitions, NFL, dance competition, supporting local charities, children's university.